

## PRAYERS FOR YOUR SPIRITUAL JOURNEY

### Prayer to Our Lady of Seattle

Holy Mary, we come before you  
As spiritual children in great need,  
Seeking your intercession, and asking  
That your mantle of love, surround us  
To console, protect, and lead us to your son Jesus.

We entrust all of God's family,  
Especially the church in Western Washington,  
Into your immaculate hands.  
With your son Jesus' gently power  
You can undo any knot in our church,  
And in the lives of believers  
Who entrust themselves entirely to your care.

Today, I especially entrust  
(mention request/coronavirus here),  
And I ask that-  
Through your intercession,  
And that of St. James,  
Our guardian angels,  
And the faithful in our archdiocese-  
We may be free from every spiritual  
And temporal ill,  
And be safely led to encounter  
Your sons merciful, sacred heart.

*Our Lady of Seattle, Undoer of Knots, pray for us!*

### Pope Francis' Prayer to Mary, Undoer of Knots

*Holy Mary, full of God's presence during the day of your life, you accepted with full humility the Father's will, and the devil was never capable of tying you up with his confusion.*

*Once with your Son you interceded for our difficulties, and full of kindness and patience, you gave us example of how to untie the knots in our life. By remaining forever Our Mother, you put in order and make more clear the ties that link us to the Lord.*

*Holy Mother, Mother of God and our Mother, to you who untie with a motherly heart the knots of our life, we pray to you to receive in your hands (the name of the person), and to free him/her of the knots and confusion with which our enemy attacks.*

*Through your grace, your intercession and your example deliver us from all evil, Our Lady, and untie the knots that prevent us from being united with God, so that we, free from sin and error, may find Him in all things, may have our hearts placed in Him, and may serve Him always in our brothers and sisters.*

*Amen.*